

Please join us on
[September 15th](#)
and become part of the fun
to support a great cause!



We need your help!

The current roofing on our facility has seen better days, been patched several times already and needs to be replaced. Therefore, proceeds from our 12th Annual Nun Run will go toward the replacement of our existing roof.



Little Sisters of the Poor ***Celebrate 150 Years*** ***in America***

Beginning August 30, 2018, the Little Sisters of the Poor will celebrate a jubilee year marking the 150th anniversary of the community's arrival in the United States.

From Jeanne Jugan's humble heart flowed a great wave of charity that eventually spread all over the world. This wave reached America on September 13, 1868, when seven Little Sisters arrived in Brooklyn, NY after a long ocean voyage to establish the community's first home in America.

The Little Sisters believe that their mission is more urgently needed today than ever as the U.S. population rapidly ages, new models of elder care emerge and respect for the dignity of human life is challenged.

The Little Sisters cherish the charism that St. Jeanne Jugan received from God as a precious flame and are eager to pass it on to new generations of Little Sisters as they serve needy elderly women and men in the United States for the next 150 years!



From a humble heart, a great wave of charity
Little Sisters of the Poor
150 years in America



www.nunrun5k.org



Knights of Columbus

5K Run & Walk

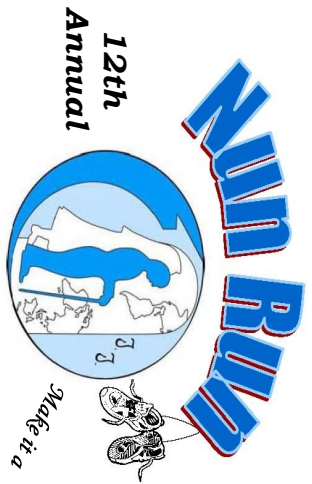
September 15, 2018

9:00 AM Start | 8:00 AM Registration

Start | Finish at
Jeanne Jugan Residence
185 Salem Church Road
Newark, DE 19713

Call 302-368-5886 for details
or visit www.nunrun5k.org





LITTLE SISTERS OF THE POOR

Little Sisters of the Poor
NUN RUN 5K | RUN & WALK
 SATURDAY | SEPTEMBER 15, 2018
 185 Salem Church Road | Newark, DE 19713

www.NunRun5K.org

Time: Registration opens at 8:00 AM
 Race starts at 9:00 AM

Location: Little Sisters of the Poor-Jeanne Jugan Residence | 185 Salem Church Rd. | Newark, DE 19713

Entry Fee: Pre-Registration- \$20 (from 4/1-6/30) and \$25 (from 7/1-9/14)
 On-Site Registration- \$30

Benefits: The needy Elderly at Jeanne Jugan Residence.

Course: USATF Certification #DE11009LMB – wheel measured, flat and fast.

Amenities: T-shirts guaranteed to all participants who pre-register by September 10th
 Refreshments, DJ music, door prizes, goodie bags & more!

Awards: Trophies to 1st Place Male and Female runners and walkers plus Male & Female "Masters" runners. Medals for top 3 runners in 5 year age groups (13 and under to 70+)

Entry Info: See below or visit www.NunRun5K.org to register online.

Contact: Anthony Uro at (302)528-1383 or franksinatrat1@icloud.com

Mail Entry: LittleSistersofthePoor (ATTN:Nun Run) 185 Salem Church Rd. | Newark, DE 19713
 Please make checks payable to Little Sisters of the Poor

Sleep In For the Little Sisters of the Poor Cause:
 \$25.00 Donation (includes t-shirt)

NUN RUN 5K RUN/WALK

BIB#: _____

PLEASE PRINT CLEARLY AND FILL OUT SEPARATE ENTRY FORM FOR EACH RACE PARTICIPANT

Name:	Age:	Sex:	Race:	5K Run (or)	5K Walk
	Address:	City:	State:	Zip:	Phone:
Email:	Payment Method:		<input type="checkbox"/> Cash	<input type="checkbox"/> Check	<input type="checkbox"/> Card
Master Card or Visa (circle):	Card #	Exp. Date:	Total: \$		
Name & Address on Card (if different from above):					
T-Shirt Size (circle): S M L XL How did you hear about the Nun Run? <input type="checkbox"/> Past Race <input type="checkbox"/> Web <input type="checkbox"/> Flier <input type="checkbox"/> Parish <input type="checkbox"/> Other:					

SIGNATURE & DATE INDICATES COMPLIANCE WITH ALL TERMS DESCRIBED ON THIS ENTRY FORM

Signature of participant _____ Date: _____

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors, and assigns for any and all injuries suffered by me at said race.

NO REFUNDS - THE RACE DIRECTOR RESERVES THE RIGHT TO REFLECT ANY ENTRY.